

# Parish Mission: “How to Hear God’s Voice”

## Basic Summary

### Evening One:

#### The Posture of Prayer to Hear God’s Voice

- The context of prayer is a battle
- Everyone can hear God’s voice
- Seven Ways We Can Posture our Hearts to Hear His Voice More Clearly
  - Remember that because God is Love, we need to freely turn to him
  - Believe God’s love is personal
  - Acknowledge that God is loving you at every moment no matter what
  - Pray out of who you are to him
  - God loves to speak to us in our place of need
  - Focus on God and what he’s doing, not on the devil and what he’s doing
  - God is loving us, even when we don’t feel it or hear much

### Evening Two:

#### What God’s Voice Sounds Like and How to Discern it

- Necessity of Holy Spirit in prayer
- God speaks multiple languages
- He speaks to us *through* us: he uses our humanity to communicate to us
- Four primary ways God’s voice comes to us in prayer
  - Seeing
  - Hearing
  - Thinking
  - Feeling
- Because of the sacramental nature of reality, God uses creation, people, events to speak to us
- It’s necessary to discern God’s voice well
- Five short keys to discerning God’s voice
  - Speaks according to his nature
  - The devil operates through deception
  - Necessity of awareness and honesty
  - The clarifying power of surrender
  - Consider the character and effect a word has on you

### Evening Three:

#### How to Pray from the Heart and Grow in Trust

- Hearing God’s voice enables you to do the impossible
- Failing and making mistakes enables you to grow
- Praying from the heart is honestly presenting ourselves to the Lord in loving faith and receiving him and what he has for us
- Four interior habits of prayer essential for praying from the heart
  - Acknowledge
  - Relate
  - Receive
  - Respond
- How to Trust in God
  - It’s about knowing his presence and voice in places of fear
  - Make acts of faith in his love for you
  - Share with Jesus fear points/pain points and let him love you in them
  - Exchange prayer